

**Langley Park
Permanent Orienteering Course**

Control Description

1. Path Junction
 2. Path Crossing
 3. Path Junction
 4. Knoll South West Side
 5. Path Junction
 6. Path Junction
 7. Vegetation Boundary
 8. Path
 9. Path
 10. Path Crossing
 11. Vegetation Tip
 12. Vegetation Tip
 13. Between Thickets
 14. Tree South Side
 15. Knoll West Side
- Finish Path Junction

A charge is made which includes the following:

1. Plastic see through file
2. Map
3. Instruction leaflet

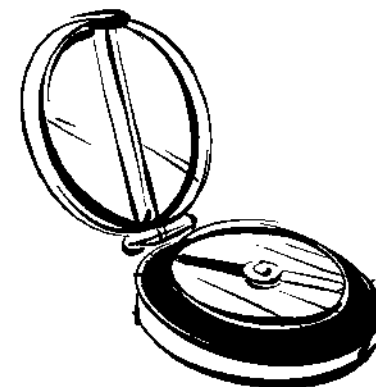
This money is fed directly back to The Friends of Langley Park. Packs can be ordered by telephone, when you will be advised of the total cost, including postage from:

The Countryside Centre
Black Park Country Park
Wexham
Slough
SL3 6DS

For any further information please contact
The Countryside Centre on:
01753 511060
or
countryparks@buckscc.gov.uk

Disclaimer:

This course has been planned by Thames Valley Orienteering Club & Berkshire Orienteers in accordance with normal orienteering practice. However as it is not possible for the planner to keep an eye on the area, users must accept that neither the planner, The Friends Of Langley Park or Buckinghamshire County Council can be held responsible for any accidents or damage which may occur.



Permanent Orienteering Course



What is Orienteering?

Orienteering is competitive navigation on foot. With the aid of a map and a compass competitors find their own way as accurately as they can between given check points (known as controls) using their skill to choose the best route.

An orienteering course varies in length from under 2km with 6 to 10 controls for beginners to over 15km for elite adult orienteers. At most events there is a choice of 6 or more courses to cater for both beginners (both young and old) and the experienced orienteer.

Events are held in woods and forest and in heath and moorland: these areas with their many paths, streams, hills and valleys, provide the best navigation problems.

The Map

The map has been specially produced for orienteering and the notation used to represent features and vegetation may be unfamiliar to you.

Black generally represents man-made features such as roads, paths and buildings.

Brown represents the landform features such as earth walls, depressions and embankments, contours which indicate the shape of the land are also in brown.

Blue represents water features such as lakes, streams and ditches.

White, green and yellow represent the vegetation; white and green indicates woodland or varying run-ability and yellow indicates open land.

It is worthwhile spending a few minutes studying the legend before starting.

Note the scale of the map is 1 : 7,500, this means that 1cm on the map represents 75m on the ground, try to relate the distance shown on the map to the actual distance you plan to cover.

The Course

The map has been overprinted with the course in pink; the triangle represents the start which is at the top end of the car park beside the Pay and Display Machine and start of the Avenue of Friendship.

Each of the controls has a post placed at their respective places within the park, with the control symbol (a square split diagonally in red and white) at the top. The control symbol contains a number and a letter, the number represents the control number and corresponds to the number on the map and the letter represents the control code which should be copied into the appropriate box at the bottom of the map.

Once all the letters are identified they spell out words related to the Park. The short course spells out two words of six letters and four letters related to the Park. The long course spells out a seven letter and a four letter place name.

For more information on the Friends of Langley Park and the answers to the course, please visit our website: www.friendsoflangleypark.co.uk

Which Course?

Any combination of controls is possible, but the following courses are suggested for your first attempt in the stated order:

Short Course Approx 2km (Easy)

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, Finish

Long Course Approx 3.5km (Moderate/Hard)

1, 11, 12, 4, 8, 15, 14, 5, 13, 7, 10, Finish

Do I Need a Compass?

No, Langley Park has an extensive track/path network and you should be able to use the path network for navigation. Though if you have a compass it will aid you in orienting the map.

If you would like to borrow a compass from The Friends of Langley Park please contact the number on the back of this leaflet.

This course has been sponsored by:



If you have enjoyed this course, why not try the course at Black Park Country Park.

In Case of Emergency

Contact Black Park Countryside Centre on: **01753 511060**

or contact the Duty Ranger on: **07734 734337**